

We look forward to welcoming  
you to our Tennis Club!



Website: [www.amherstlhc.co.uk](http://www.amherstlhc.co.uk)  
Amherst blog: <http://amherstlhc.blogspot.com>

April 2011



**Amherst  
Tennis  
Club**

**Information**

## Joining Amherst

Your first visit to a social organised play session is free!

Membership is payable annually and works out at about £3.50 a week for full senior member and £6.00 a week for family membership. Junior memberships are between 50p and £1 a week depending on age. So if you play once or twice a week it's cheaper than playing at the local park and you get all the benefits of the club programme and balls provided for free!

Membership rates for April 2011 - March 2012 are as follows:

Senior - Full Playing	£184
Family* Membership	£323
Senior Citizen Single	£155 (over 60 on 1 Jan 11)
Family	£273 (both over 60 on 1 Jan 11)
Senior Off Peak**	£105
Senior under 21 on 1 Jan 11	£60
Junior under 18 on 1 Jan 11	£60
Junior under 14 on 1 Jan 11	£45
Junior under 10 on 1 Jan 11	£29
Non Playing	£13
Country	£105 (outside 20 mile radius)

\* Family to consist of at least one senior playing member and one junior playing member, or married couple.

\*\* Off peak = Mon-Fri 8am-4pm & Sat 2pm onwards

Full time students over the age of 18 pay either the Senior Under 21 fee or can be included in the family membership as appropriate.

Membership application forms are available from the Club House or you can apply on-line [www.amherstltd.co.uk](http://www.amherstltd.co.uk). Tel: 01424 852712.

Juniors wishing to join the Club independently should contact Richard Harrison, Club Coach 07525 172762 or email [richh92@hotmail.com](mailto:richh92@hotmail.com)

Visitors are welcome to play at the club with members - £3 per visitor per session up to six visits.

## About The Club

Amherst Tennis Club was established in 1922 with 5 grass courts. Through the years the club has produced junior and senior County Champions whilst men's, ladies and mixed teams have consistently competed in the top Sussex Club League divisions. Today it is proud to welcome all standards of player into its friendly atmosphere whilst retaining its high competitive standards for those who wish to represent the club in team events.

### Social Events

Held year round these include themed supper evenings in the Club House, fun tournaments, fireworks evening, annual dinner dance, quiz nights, trips. We have licensed bar.

### Teams

Amherst fields many teams of different standards in various age groups and leagues. Details are on the Teams & Tournaments notice board. If you would like to play for a team contact the Men's or Ladies captain or the Club Coach.

### Things You Need To Know

The club is open all year round, but you will need a set of keys to make sure! These are available from the Membership Secretary for a £6 deposit.

Courts can be booked up to two weeks in advance using the booking sheets in the blue folder.

Balls are provided by the club for all play and are located in the shed by the clubhouse.

### Floodlights

Floodlights cost £1 per 15 minutes.

## Coaching

The club's highly experienced and qualified Coaching Team aims to cater for the needs of all standards and ages and to help to create an environment that strikes a balance between coaching, club play and social tennis events. See [www.blt-coaching.com](http://www.blt-coaching.com) for online schedule

### Monday

5.30-6.30pm	Grand Slam Juniors - 11 yrs+
6.30-7.30pm	Pro performance - 11yrs+
7.30-8.30pm	Intermediate Adults Tennis Squad

### Tuesday

5.00-6.00pm	Mini red
6.00-7.00pm	Pro performance - 11yrs+
7.00-8.00pm	Mens and Ladies Team Coaching

### Wednesday

5.00-6.00pm	Seniors - 16 yrs+
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### Thursday

10.00-11.00am	Cardio Tennis
4.00-5.00pm	Mini Red
5.00-6.00pm	Mini Orange & Green
6.00-7.00pm	5 Star Juniors & Grand Slam - 11 yrs+
7.00-8.00pm	Cardio Tennis

### Friday

11.00-12.30pm	Senior Doubles Tactics
5.00-6.00pm	Pro Performance Group - 11 yrs+

### Saturday

9.00-9.30am	Tiny Tots 3 & 4 yrs
9.30-10.30am	Mini Red & Orange
10.30-12.00pm	Senior Intermediate Group Coaching
10.30-11.30am	Mini Green & 5 Star Juniors
12.00-1.00pm	Adult Intro to Tennis
12.45-1.45pm	Cardio Tennis

If the same player wishes to do more than 1 squad a week, cost for second squad is less 50%.

Non Members are welcome to join in group coaching for an extra £2 per session.

## Individual & Group Lessons

Available in half hour, 45 minute or hourly sessions, lessons can be arranged with one of our qualified coaches depending on availability. Prices range from £13 to £30 per hour for individual lessons and from £3 to £8 per person for group lessons (£2 extra for non members). Off Peak 1:1 lessons are available at £15 for 45 minutes between 10am & 2.00pm - Mon - Fri (except Bank Holidays and school holidays)

Contact	Richard Harrison	07525 172762
	Pete Farthing	01424 421451

## Junior Tennis

Junior Coaching is organised for all ages and standards. Please see notice board for schedule. Tournaments, fun days and Summer Camp happen during the holidays.

The qualified coaching team prides itself on prioritising building confidence, self esteem and responsibility through participation in the programme. Juniors who are not Performance players are equally valued and have the opportunity to take part in the Junior Leader scheme or to just relax from the pressures of school and have some fun!

There are various junior squads including Mini Tennis, Development and Performance levels every week based on ability rather than age. Non Members are welcome to play in squads for an extra enrolment fee.

The Junior tennis programme caters for players from mini tennis up to Performance Level providing a safe entry level for all ages between 3yrs and 18yrs and the chance for every junior to fulfil their potential.

Junior Coaching Camps - Every school holiday

Advanced standard juniors may qualify for senior status. This is awarded on merit by the Coaching Team.

For all Junior Tennis enquiries please contact Richard Harrison 07525 172762 or email [richh92@hotmail.com](mailto:richh92@hotmail.com)

## Amherst Tennis Club Details

Address: Amherst Lawn Tennis Club  
Amherst Road  
Hastings  
East Sussex TN34 1TU

Email: info@amherstltd.co.uk

Web: www.amherstltd.co.uk

### Contact Details

Chairman	Trevor Le Breuille	01424 426011
Membership	Sarah Chapman	01424 852712
Coaching	Richard Harrison	07525 172762

### LTA County Affiliation

Full affiliation with Tennis Sussex  
Mini Tennis Accredited.

### Facilities

- 7 tennis courts
  - 4 macadam - 2 floodlit
  - 3 artificial grass courts - all floodlit
- Floodlights - £1 per 15 minutes
- Practice wall
- Mini tennis courts markings on bottom two courts
- **Tennis balls supplied** for all social and match play
- Changing facilities
- Licensed bar
- Social events

## Weekly Play Schedule

### Monday

9.30-11.30am Senior Mixed Doubles - Turn Up and Play

### Tuesday

9.00-10.30am Fixed Fours  
7.00-8.00pm Mens and Ladies Team Coaching

### Wednesday

9.30-11.30am Senior Mixed Doubles - Turn Up and Play  
6.15-10.00pm Senior Doubles - Turn Up and Play

### Thursday

9.00-10.30am Fixed Fours - plenty of court space for all  
10.00-11.00am Cardio Tennis  
7.00-8.00pm Cardio Tennis

### Friday

9.00-10.30am Fixed Fours. Plenty of court space for all  
6.30-10.00pm Senior Mixed Doubles Turn Up Play & Social Evening

### Saturday

12.45-1.45pm Cardio Tennis  
2.00-5.00pm Senior Mixed Doubles - Turn Up and Play  
2.00-6.00pm Senior Matches (occasionally - see notice board)

### Sunday

9.30am-6.00pm Senior Club Matches (see notice board)

At least 1 court must be left available for members to turn up and play apart from special events and Friday Club Nights. Matches sometimes take place midweek evenings from 6.15pm so please check notice board.

League and tournament matches take priority both weekdays and weekends.

Please check notice boards and booking sheets for courts booked for matches and coaching sessions.

See Coaching page for weekly Coaching Schedule